

PE Long term plan 2024-2025

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	Coach	Key Skills	Invasion Games	Dance	Gymnastics	Athletics	Strike and field
	Teacher	Movement Development (EYFS)	Throwing and Catching (EYFS)	Ball Skills (EYFS)	Dance (EYFS)	Strike and Field Cricket (Y1)	Athletics (Y1)
Class 2	Coach	Key Skills	Invasion Games	Dance	Gymnastics	Athletics	Strike and field
	Teacher	Invasion Games: Handball (Y1)	Gymnastics (Y2)	Fitness (Y1)	Dance (Y2)	Strike and Field Rounders (Y2)	Athletics (Y2)
Class 3/4	Coach	Key Skills	Invasion Games	Dance	Gymnastics	Athletics	Strike and field
	Teacher	Invasion Games: Netball (Y3)	Fitness (Y3)	Gymnastics (Y3)	Orienteering (Y3)	Strike and Field: Rounders (Y3)	Athletics (Y3)
Class 5	Coach	Key Skills	Invasion Games	Dance	Gymnastics	Athletics	Strike and field
	Teacher	Invasion Games: Hockey (Y4)	Fitness (Y4)	Gymnastics (Y4)	Orienteering (Y4)	Strike and Field: Cricket (Y4)	Athletics (Y4)
Class 6	Coach	Key Skills	Invasion Games	Dance	Gymnastics	Athletics	Strike and field
	Teacher	Invasion Games: Netball (Y6)	Fitness (Y6)	Gymnastics (Y6)	Orienteering (Y6)	Strike and Field: Rounders (Y6)	Athletics/ Swimming
Woodlands	Coach	Repetition of stations – gymnastics including equipment and basic shape/ balances Coordination/ balance/ sensory awareness Independence					